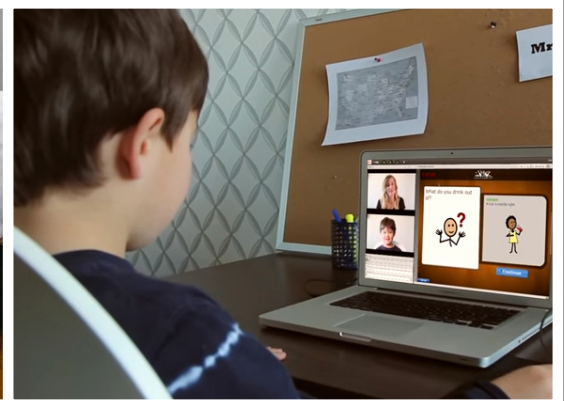
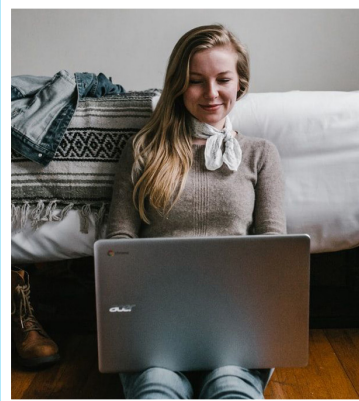


# Your Mental Health MATTERS

## DID YOU KNOW?

Most insurance providers now cover Telehealth.



Speak to a counselor from the comfort of your own home on a phone or video call.

### MENTAL HEALTH PROFESSIONALS IN ADAMS COUNTY \*

#### **Blessing Health System**

217-224-4453

#### **Catholic Charities COPE Line**

217-321-8343

#### **Clarity Healthcare**

217-222-6277

#### **Cornerstone, Foundations for Families**

217-222-8254

#### **Hetzler & Associates**

217-214-5615

#### **Preferred Family Healthcare**

217-224-6300

#### **SIU Family Medicine**

217-224-9484

#### **Transitions of Western Illinois**

217-223-0413, option 7

#### **Quincy Medical Group**

217-222-6550, ext. 3418

## Mental Health



A Solutions Team of  
United Way of Adams County, IL

\* For a full listing of counseling options, please contact your insurance provider to determine available in-network counseling services. The providers listed are agency partners of United Way of Adams County and the Mental Health Solutions Team.

936 Broadway, Suite F | Quincy, IL 62301  
Phone: 217-222-5020 | Fax: 217-222-0911

[unitedwayadamsco.org/health](http://unitedwayadamsco.org/health)