



Developed in Partnership with Quincy Medical Group

**Opening Up Together (OUT)** is a campaign designed to support our community's recovery by getting everyone back OUT into our community. Supporters of the campaign can use the provided resources to learn how they can help our community reopen and remain open. With the Adams County Together (ACT) Road to Recovery Framework and support resources from OUT, people can unite around the same goal – the prosperity of our community.

## KEY MESSAGES

**WE want to be open**

**YOU are the difference  
between opened & closed**

**PREVENTION keeps us**

### The goal:

Meet people where they are and provide information that is inspiring, uniting and easy to follow. Whether people are ready to be in public, scared to leave home, returning to work, remaining at work or somewhere in between.

### Where does OUT apply?

Any public place, your home, your business.

### For your business:

To support any business in our community, a resource library has been created. There are different signs, messages for your social media or website and other materials available. Anyone is welcome to use any of the materials and you are free to edit them as needed.

### For your home:

To support all members of the community, a resource library has been created with information on no-sew masks or face coverings, hand-washing, cleaning and disinfecting and more. You and your family can show your support for opening up our community by hanging an Opening Up Together (OUT) sign in your window.

**Learn more at [adamscountytogether.com](https://www.adamscountytogether.com)**

## HOW DO WE DO IT?

Visit: <https://www.adamscountytogether.com>





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In order to reopen our community we need to satisfy the "Guidelines for Opening up America". Adams County Together (ACT) has created the *Road To Recovery Framework* and with your support we can start to reopen.

## Our community must plan for three areas to ensure we remain open

### SAFETY

Develop procedures, protocols, and plans to ensure both employees and customers are safe.

### SEPARATION

Identify ways to create social distance.

### SPIRIT OF OPENING

Share support of being open and staying open.

## Every person must adjust their lifestyle:

- Wash your hands with soap and water or use hand sanitizer, especially after touching frequently used items or surfaces.
- Avoid touching your face.
- Sneeze or cough into a tissue, or the inside of your elbow.
- Disinfect frequently used items and surfaces as much as possible.
- Use face coverings while in public.

## People who feel sick should stay home

- Do not leave home and contact and follow the advice of your medical provider.

Limiting face-to-face contact with others is the best way to reduce the spread of COVID-19.

Practice physical distancing



6 FT



Stay at least 6 feet from other people

Do not gather in groups

Stay out of crowded places and avoid mass gatherings

